Teacher Answer Key

Case Study

1. Accountability focuses on improvement and specific behaviors; blame attacks a person and damages trust, which harms team culture.

2. He named the harm, apologized without excuses, listened, and committed to change; this used emotional regulation, empathy, and responsible decision-making.

Multiple Choice

1. A

2. C

3. D

Matching

1-B, 2-C, 3-A, 4-E, 5-D

Fill-in-the-Blank

1) emotional, 2) repair, 3) perspective

Short Answer (Sample Responses)

Q1: Clips spread fast, people take sides, and comments can escalate shame and anger, making private repair harder.

Q2: A real repair includes a specific apology plus changed behavior—like stepping away when heated and scheduling a calm team discussion later.

Q3: Winners can reduce humiliation, build respect, and model maturity, which strengthens the whole sports community.