Teacher Answer Key

Case Study

1. The test room is missing the cues that were present while studying. Students report knowing the answer afterwards but not being able to reach it during the exam.

2. Studying in conditions closer to the test, and practicing recall rather than only rereading, gives fewer cues to lose, since the failure comes from cues that are present at study time but absent at test time.

Multiple Choice

1. A

2. C

3. A

Matching

1-C, 2-D, 3-B, 4-A

Fill-in-the-Blank

1) Decay, 2) Proactive, 3) Retrieval

Short Answer (Sample Responses)

Q1: Proactive interference occurs when older memories interfere with new ones, while retroactive interference happens when new memories make it harder to recall older ones.

Q2: Adaptive forgetting helps people prioritize useful memories and can reduce the emotional impact of distressing events, aiding in mental health.

Q3: Strategies include studying in a setting similar to the testing environment and using cues, like practice tests, to simulate test conditions.