Teacher Answer Key

Case Study

1. A clean and organized living space is linked to improved mental well-being.

2. Answers will vary. Students may mention finding things faster, fewer pests once crumbs are wiped up, or being comfortable having friends over. The guide also credits a cleaning routine with building responsibility, organization, and time management.

3. She feels overwhelmed and stressed as soon as she walks in, and she cannot relax or focus on schoolwork there. That fits the reading's point that clean and organized living spaces go along with improved mental well-being.

4. Answers will vary. The daily tasks fit her best, especially putting away clutter: clearing the clothes off her floor and the brushes and paints off her desk. A weekly slot for dusting furniture and vacuuming would keep the room usable as a workspace.

Multiple Choice

1. C

2. B

3. C

Q3: Vacuum floors. (Vacuuming is a weekly task according to the guide.)

Matching

1-D, 2-E, 3-B, 4-A, 5-C

Fill-in-the-Blank

1) Any two of: Ingredients, Safety Warnings, Directions for Use, 2) Microfiber, 3) Any two of: Vinegar, Baking Soda, Lemon Juice

Short Answer (Sample Responses)

Q1: Creating a cleaning schedule helps ensure all cleaning tasks are completed regularly, leading to a consistently clean environment. It also promotes time management and prevents tasks from piling up.

Q2: Two budgeting tips for purchasing cleaning supplies include: Prioritizing essential products first: Focus on buying multi-purpose cleaners or natural alternatives like vinegar and baking soda before purchasing specialized products. Resisting impulse buys: Avoid purchasing unnecessary cleaning gadgets or specialized cleaners unless they address a specific need.

Q3: Based on the case study, several cleaning tasks from the guide would be helpful for Sarah initially. Here are two examples and explanations: Daily tasks: Putting away clutter, wiping down counters, and taking out the trash would help remove scattered items and prevent messes from accumulating further. Weekly tasks: Dusting furniture and cleaning the bathroom would remove dust and germs that might contribute to a cluttered and unsanitary environment.