Teacher Answer Key

Case Study

1. She asked if Amara was thinking about hurting herself (or specifically about suicidal thoughts).

2. The friend urged Amara to see the school counselor, leading to professional intervention and ongoing support.

Multiple Choice

1. B

2. D

3. C

Matching

1-D, 2-A, 3-E, 4-C, 5-B

Fill-in-the-Blank

1) lethal, 2) Empathy, 3) hotline

Short Answer (Sample Responses)

Q1: Asking directly can break secrecy, validate their feelings, and open the door for honest discussion and help.

Q2: Schools with trained staff, open communication, and accessible counseling services provide resources and reduce stigma, encouraging teens to seek help before crises escalate.

Q3: You should still alert a trusted adult or professional because preserving a life outweighs promises of secrecy.