Teacher Answer Key

Case Study

1. Jordan uses affect labeling by naming the anxiety and guilt to a counselor, media management by skipping looped footage, connection by talking with a trusted adult and their grandfather, and helping-as-healing through the food drive. Each converts helpless dread into agency and support.
2. The reading says commemoration should honor without re-traumatizing: graphic replays stir distress without adding understanding. Names, silence, and service give grief shape and direction, include students born after 2001, and model marking the day with meaning instead of shock.

Multiple Choice

1. D
2. B
3. C

Matching

1-D, 2-C, 3-E, 4-B, 5-A

Fill-in-the-Blank

1) labeling, 2) factor, 3) Remembrance

Short Answer (Sample Responses)

Q1: Studies after 9/11 found most people exposed to the tragedy recovered without lasting injury, so resilience is common, not rare. It is built from ordinary ingredients — relationships, routines, purpose, and perspective — that anyone can strengthen through practice.

Q2: Helping restores the sense of agency that tragedy steals, connects the helper to others, and gives grief's energy a direction. The reading's examples include blood-donation lines, Ground Zero volunteers, and the Day of Service, which deliberately converts mourning into useful action.

Q3: Answers will vary. Strong responses include honoring elements (names, silence, stories, service) while avoiding looping graphic footage, and justify each choice with the reading's finding that commemoration should give grief shape and meaning without re-traumatizing the audience.