Teacher Answer Key

Case Study

1. She was dealing with academic stress, grief, and the pressure of family expectations, leading her to stronger substances for relief.

2. Therapy provided coping strategies and emotional support, while family therapy rebuilt trust and communication.

Multiple Choice

1. B

2. D

3. A

Matching

1-D, 2-A, 3-E, 4-C, 5-B

Fill-in-the-Blank

1) Outpatient treatment (or Outpatient program), 2) Family therapy, 3) peer support

Short Answer (Sample Responses)

Q1: Empathy helps reduce shame and encourages honest communication, whereas harsh punishment may drive teens to hide behaviors.

Q2: They show that recovery is achievable and offer guidance on navigating setbacks.

Q3: It depends on individual needs; some may need intensive rehab, while others do well with counseling and hotline support.