Teacher Answer Key

Case Study

1. The distress of Jamal's past test failures served as the UCS. He had blanked on a math test in ninth grade and felt judged by classmates, and the exam room became the CS through repeated pairing with that distress.

2. By repeatedly presenting the exam room (CS) without the distress (UCS) and pairing it with relaxation, his CR of anxiety diminished.

Multiple Choice

1. B

2. D

3. A

Matching

1-C, 2-E, 3-D, 4-A, 5-B

Fill-in-the-Blank

1) Association, 2) Aversion, 3) Relaxation

Short Answer (Sample Responses)

Q1: Spontaneous recovery shows the original CS–UCS link remains; extinction suppresses the response but doesn't eliminate the memory.

Q2: Taste aversion can occur after a single CS–UCS pairing and across long delays, unlike typical conditioning requiring multiple pairings.

Q3: Real-world stimuli are complex and hard to control; ethical limits may restrict exposure intensity or duration.