Teacher Answer Key

Case Study

1. The reading says ultimatums make the friend one more person issuing demands and give the relationship an excuse to isolate her further. Staying reachable is the most valuable thing an outside friend offers, and Devin kept the door open so Bianca could talk when she was ready.

2. Monitoring shows up as her partner being upset about slow replies, and isolation shows up as losing contact with her own friends since February. Both are hard to see from inside because escalation is gradual and because jealousy gets reframed as proof of love.

Multiple Choice

1. A

2. B

3. C

Matching

1-E, 2-D, 3-A, 4-C, 5-B

Fill-in-the-Blank

1) Jealousy, 2) leaving, 3) mandated

Short Answer (Sample Responses)

Q1: Every honest relationship has conflict, and researchers focus on repair rather than the absence of trouble. A relationship is unhealthy when honesty carries a cost, the same fight repeats without change, and one person controls the other.

Q2: Accountability means naming the harm, changing the behavior, and not requiring the injured person to manage the guilt about it. An apology that is followed by the same behavior is a reconciliation phase, not accountability.

Q3: Each step is only slightly worse than something already accepted, so no single moment looks like a crisis. Genuine warmth in between teaches the person to treat the harm as an exception rather than as the pattern.