Teacher Answer Key

Case Study

1. Under the division of responsibility, the adult decides what is served and the child decides whether and how much to eat. Comments and pressure move the adult across that line, and the reading says pressure resets the exposure count, so silence was what allowed Cole to try it on his own.

2. Rewarding with dessert teaches that vegetables are a chore to get through and dessert is the prize, raising the value of the sweet food and lowering the value of the vegetable. It also trains the child to eat for adult approval instead of learning to read their own hunger and fullness.

Multiple Choice

1. B

2. C

3. C

Matching

1-E, 2-A, 3-D, 4-B, 5-C

Fill-in-the-Blank

1) twelve, 2) lengthwise, 3) exposures

Short Answer (Sample Responses)

Q1: It moves the adult into the child's half of the job, turning meals into a contest. The child learns to eat for approval rather than to read hunger and fullness, and the pressure makes the disliked food less appealing rather than more.

Q2: Guidance changes when the evidence changes, so advice learned a decade ago may now be wrong. A caregiver should check current recommendations rather than assume that what they were told, or what a relative repeats confidently, is still correct.

Q3: The infant can sit with support and hold their head steady, which is needed to swallow safely, and the tongue-thrust reflex has faded so food is no longer pushed back out. Real interest in food is a third sign.