Teacher Answer Key

Case Study

1. Ray was completing tasks but his wife retained ownership, meaning she still did the noticing, planning, and remembering. The reading calls that the mental load, and delegating a task while keeping responsibility for remembering it adds a management job rather than removing work.

2. Owning a domain means owning the noticing, so laundry includes tracking when it needs doing and buying detergent. Individual assigned tasks leave the tracking with the original person, which is exactly the invisible work that was causing the overload.

Multiple Choice

1. B

2. B

3. D

Matching

1-D, 2-A, 3-B, 4-E, 5-C

Fill-in-the-Blank

1) shift, 2) childhood, 3) ownership

Short Answer (Sample Responses)

Q1: An unnamed role feels like a personality trait rather than an assignment, so it cannot be discussed or renegotiated. Once a family names it as a role produced by habit or necessity, it becomes something people can agree to change.

Q2: Age-appropriate responsibility builds real competence and is linked to later self-sufficiency. Parentification is when adult duties such as raising siblings or supporting a parent emotionally displace the child's schooling, development, or relationships.

Q3: Even means identical shares, but household members have different schedules and capacities. A person working forty hours and a person working ten cannot absorb the same load, so matching assignments to available time is what makes the split fair.