Teacher Answer Key

Case Study

1. She explored both roles to achieve identity vs. role confusion, seeking coherent self-definition.

2. Feedback clarified her values, helping her commit to an integrated major and fostering fidelity.

Multiple Choice

1. D

2. A

3. B

Matching

1-E, 2-C, 3-D, 4-A, 5-B

Fill-in-the-Blank

1) Love, 2) Social, 3) Regret

Short Answer (Sample Responses)

Q1: Cultural rites of passage, family expectations, or socioeconomic factors can accelerate or delay crisis resolution.

Q2: Techniques include values clarification, role-playing identity options, and narrative therapy to explore personal stories.

Q3: Adults might re-experience trust issues during caregiving, using new insights to resolve past conflicts and strengthen current relationships.