Teacher Answer Key

Case Study

1. Lena encountered the shadow archetype—her inner critic.

2. Active imagination enabled her to externalize and converse with the shadow, integrating its insights.

Multiple Choice

1. D

2. C

3. B

Matching

1-E, 2-C, 3-A, 4-B, 5-D

Fill-in-the-Blank

1) Individuation, 2) Collective, 3) Active imagination

Short Answer (Sample Responses)

Q1: Seeing the persona as a mask helps individuals differentiate authentic feelings from societal roles, fostering genuine self-expression.

Q2: MBTI workshops use Jungian typology; narrative therapy employs archetypal storytelling for personal growth.

Q3: Critics cite cultural bias; therapists combine archetypal work with empirical tools like thematic coding and outcome measures.