Teacher Answer Key

Case Study

1. The reading says cognitive labor is invisible precisely because it produces no observable activity, which makes it easy for a partner to underestimate while genuinely believing tasks are shared. Corey is counting dishes, trash, and daycare runs, all of which are visible, while Nadia's nineteen items were noticing, remembering, and planning that left no trace.

2. The reading recommends inventorying every recurring task including the noticing and planning, then dividing ownership of whole domains rather than individual chores. Asking Corey to help more keeps Nadia as the person who notices and delegates, which is the actual burden, so only transferring ownership of a domain removes it.

Multiple Choice

1. B

2. A

3. B

Matching

1-C, 2-A, 3-E, 4-B, 5-D

Fill-in-the-Blank

1) shift, 2) sandwich, 3) blocking

Short Answer (Sample Responses)

Q1: A scheduling problem and a values problem require completely different solutions, so misdiagnosing one as the other wastes effort. Calling it balance produces guilt in every direction, while naming the specific conflict between role demands points toward whether the fix is a calendar change or a renegotiated priority.

Q2: A team that knows a late message does not require an answer until morning functions better than one where everyone silently guesses. Shared understanding removes the anxiety of interpretation, which is what actually drives after hours work, rather than a rule that people quietly violate anyway.

Q3: Every time management technique assumes you already know what deserves the time, so applying efficiency to the wrong priorities simply gets you to the wrong place faster. Writing down what matters most in the current season is what makes the scheduling decisions meaningful.