Teacher Answer Key

Case Study

1. IADLs are the tasks needed to live independently, such as managing medications, finances, and driving, and decline shows there before basic self-care. They are easy to dismiss because unopened mail or one car scrape each look like ordinary bad days rather than a pattern.

2. The reading says decisions made in a hospital corridor at two in the morning are worse than decisions made at a kitchen table in advance. The meeting produced a health care proxy, a power of attorney, and her father's actual preference, so no one will have to guess later.

Multiple Choice

1. D

2. C

3. A

Matching

1-B, 2-D, 3-A, 4-E, 5-C

Fill-in-the-Blank

1) instrumental, 2) attorney, 3) Aging

Short Answer (Sample Responses)

Q1: Longer life expectancy, later childbearing, smaller families, and higher care costs all arrived together. That combination compressed the gap between raising children and caring for parents until the two responsibilities overlap instead of taking turns.

Q2: Caregivers who maintain their own health provide better care for longer, so rest and medical attention protect the person being cared for too. Burnout produces exhaustion, irritability, and neglected health, which reduces the quality of care.

Q3: The work usually falls by default on whoever lives closest rather than by an explicit agreement, so one sibling absorbs most of it while others contribute opinions. Uneven distribution that nobody negotiated is the most common fault line.