Teacher Answer Key

Case Study

1. The reading ties life skills to self-reliance, problem-solving ability, and a sense of accomplishment. It also links those skills to a teen's overall well-being and to success later on.

2. Answers will vary. A strong response points out that handling money, meals, and laundry without help is what living on your own requires, and that colleges and employers look for someone who is already responsible and independent.

3. The chores keep causing arguments at home, and Sarah misses the practice that builds responsibility.

4. Finishing her chores without being nagged would earn her parents' trust and cut down the arguments. The reading says that trust is what opens the door to more independence.

Multiple Choice

1. A

2. C

3. B

Q1: It fosters self-reliance and problem-solving abilities. (Developing life skills empowers teens to be more independent and resourceful.)

Q2: Managing your time effectively and meeting deadlines. (Taking responsibility involves taking ownership of your tasks and completing them on time.)

Q3: It prepares you to be more independent and successful. (Life skills equip you to manage your life effectively and navigate challenges as an adult.)

Matching

1-C, 2-A, 3-B, 4-E, 5-D

Fill-in-the-Blank

1) Self-reliance; problem-solving (Life skills promote self-sufficiency and the ability to solve problems independently.), 2) Responsibility (Taking care of chores without being reminded demonstrates a sense of responsibility.), 3) Time; choices (As you become more independent, you gain more control over your time and the choices you make.)

Short Answer (Sample Responses)

Q1: Dependence means relying on others to complete tasks for you, while independence means being able to take care of yourself and manage your responsibilities without needing constant help from others. Developing life skills empowers you to become more independent by providing you with the knowledge and confidence to handle tasks on your own.

Q2: Two consequences of Sarah neglecting her chores: It could lead to arguments and tension with her parents. She might not develop essential life skills that will benefit her in the future.

Q3: Possible answers can vary. Here's an example: Life Skill: Basic car maintenance (e.g., checking tire pressure, changing a flat tire, topping off fluids) Why it's valuable: Knowing basic car maintenance can save you money by avoiding unnecessary repair costs and allows you to handle minor car issues on your own. How it benefits you: This skill is helpful for everyday life, especially as you gain more independence and rely on your car for transportation.